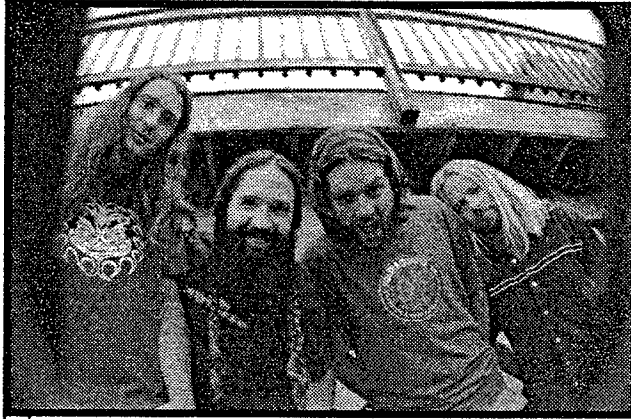


GIG OF THE WEEK

FRAME OF MIND

A blend of Blues Traveler and Jethro Tull with a spicy dash of Santana, Frame of Mind is on the road playing



tunes from their new album, *Acoustic*. These boys, formerly of SoCal, make their home in Idaho now and look and sound like they've lived here their whole

lives. Their eclectic music is perfect for sitting back and just letting it wash over you or getting up and dancing. Each song is full of sound—sometimes it's a sax at the forefront, sometimes it's bongos and other times it's a guitar on full wah-wah. Some of their songs veer toward the psychedelic while the others stay rooted in country-rock, which makes them a band just about anyone can listen to and enjoy. On their Web site (www.frameofmindlive.com), their bio explains they are a "travelin' band" and love to be on the road—which is good, because through July they have anywhere from two to five shows a week. Bands are becoming harder and harder to pigeonhole into one genre these days and Frame of Mind is no exception. I suggest you put on whatever you're most comfortable in—jeans, a suit, a baseball cap, a cowboy hat, high heels, tennis shoes, whatever—and head down to listen to these guys. They're bound to play something you'll really dig.

Frame of Mind, June 23, 9:30 p.m., FREE, Tom Grainey's.